

## Newsletter August 2024



### Lokmanya Bal Gangadhar Tilak's Death anniversary and Annabhau Sathe Birth Anniversary- 1<sup>st</sup> August 2024

On 1<sup>st</sup> August 2024, we celebrated Lokmanya Bal Gangadhar Tilak's Death anniversary and Lokshahir Annabhau Sathe Birth Anniversary to honor the memory of one of India's greatest freedom fighters and social reformers. Lokmanya Bal Gangadhar Tilak (July 23, 1856 – August 1, 1920) was an Indian nationalist, teacher, and independence activist. He was a prominent leader in the Indian independence movement and famously declared, "Swaraj is my birthright, and I shall have it." Programme conducted at Navi Mumbai Vidyalaya by F.Y.B.Ed students. Anchor Khushi Ganatra welcomed all.

Director Mr. Sanjay Mahajan, Principal Mr. Manoj Gurav lit the lamp along with school mentor Ms. Roshani Kharat. Class 9 students Naman Pandey, Swayam, Shivanshu, Ankit Mandal, Soham and Raj Nandini shared insights into the life and legacy of Lokmanya Tilak by giving speeches. We took a moment to present a token of love on behalf of our second-year students, who recently completed their internship at Swami Vivekanand School as a gesture of appreciation and affection.

Ms. Khushi Gnatra gave a vote of thanks and thanked to honorable Principal, Director and extend our sincere gratitude to all who made this event possible.



### Chetna foundation- Mental Health workshop- 3rd August 2024

Mental health avenue Chetana Foundation RC Garima are organising training for trainers on mental health related projects and Iwillgita App. Days were 6th August Tuesday 2 to 4 pm and 7th August Wednesday 6 to 8 pm at NMSA Navi Mumbai sports club Room 14. All Rotarians and non Rotarians interested in receiving training and volunteering attended. Our students

1. Sujata Gopal Dongre 2. Moushumi Bhattacharya 3. Uday nagesh Koli attended this workshop on 07/08/2024 from 6 to 8 pm.



## THERMAL BREAST SCANNING CAMP FOR WOMEN, BY NANA PALKAR SMRUTI SAMITI (NPSS), 5<sup>TH</sup> TO 7<sup>TH</sup> AUGUST 2024

### Objectives

- To create awareness on importance of early detection of breast cancer, importance of monthly screening of Breast self-examination and yearly screening for Clinical Self Examination
- Early screening of breast cancer using thermography to save life from morbidity and mortality
- To help womens in all age to live a full and healthy life.

As the saying goes ‘Prevention is better than cure’ and with the increasing need to be responsible for our good well-being and health, which would be the strong foundation for a healthy future, Nana Palkar Smruti Samiti has arranged a Free Breast Cancer Screening and Awareness Camp on 5th to 7th august 2024 at college campus. Nana Palkar Smruti Samiti (NPSS) is a non-government organization dedicated to give relief to sufferings of poor patients and their families. The Samiti provides services as listed below to poor patients. From their ten stored building- “Rugna Seva Sadan” located at Parel Since 1998.they have various sub centers at Mumbai and outside of Mumbai. They are active in providing following medical related services such as free accommodation to cancer & kidney patients, Dialysis center at very subsidized rates for kidney patients, Pathological laboratory for patients at very subsidized rates, Lithotripsy center at Mumbai, Free medicines to poor patients, Free lunch / Fruits to poor patients in various hospitals, other activities for helping poor patients. One of the among activities is arranging Thermal Breast Scanning Camp for Women inside the van. H.B.B.Ed college has taken this opportunity at college premises with Rajiv Gandhi College of Arts, Commerce and science. Also collaborated with Rotary community corps, Rotary club Garima, Navi Mumbai to assist teachers, students, relatives of teachers and women from community of above 30 years to diagnose breast cancer at early stage through free thermal screening technique. In these 3 days camp 90 women were tested. Immediate suggestions were given for further process for those who identified issues. We acknowledged to Dr.B.S.Pandey, Principal, Staff of Rajiv Gandhi College of Arts, Commerce and Science, NSS team ,Extension teachers, Women Development Cell collaborating with H.B.B.Ed IQAC Cell ,WDC Cell and Rotary Community Corps to work in this mission.









**Internship Meeting with school Principal-Internship Incharge of all school and school Principal meeting held during August as a part of Sem 3 Internship activity orientation**



### **Rakhi making activity and Independence Day-drawing competition**

conducted in internship school as a part of celebration of Raksha Bandhan and Independence Day



### **Orientation Sem III - 25th August 2024**

Orientation for Sem III done on 25th August 2024. Principal and Other teachers orientated about Sem activities to student.



### **Training for Trainers under Awesome Mental Health Avenue-29th August 2024**

we have organised training for trainers under awesome mental health avenue at H.B.B. Ed college, rotary community corps on prevention of suicide and mobile addiction.

